## 10 Reasons Why Reusable Water Bottles are BETTER than Plastic Ones! Parks & Forests Parks & Forests Saves Water It takes three times the water to make a plastic water bottle as it does to fill it! **Makes Cents** The average water pitcher filters 240 gallons of water a day for about 19 cents a day vs. \$4.98 **More Affordable** a day for the same amount of bottled water. The recommended 8 glasses of water per year = \$49 That same amount of bottled water = \$1,400**Tastes Better** In blind taste tests, people prefer the taste of tap water to bottled water. **More Convenient** Filling up a reusable water bottle is just easier than going to the store **Better for Your Health** to buy water! Plastic water bottles can leak endocrine-disrupting chemicals. **More Reliable Source** Did you know 25% of bottled water is actually sourced from the tap. Less Waste Despite recycling efforts, 6 out of 7 plastic bottles consumed in the U.S. are still sent to landfills. **Supports Local Resources** Promotes the use and care of local water, which is also used to grow and Reap the Rewards cook healthy local foods. Treat yourself with the money you saved drinking tap water.

Sources: Banthe Bottle.net; Mind Body Green.com; Healthy Human Life.com

